



## Afternoon Tea 2022

*In association with The Vintage Tea Party*

There's nothing quite like a proper English afternoon tea, and at Forkful we know how to lay on a proper spread! Whatever the occasion, in our view a perfect tea menu consists of a scrumptious mix of elegant finger sandwiches, dainty savoury and sweet treats, and of course, scones with cream and jam. For occasions where you don't know the exact numbers of guests, we can help you work out a menu that will keep everyone happy. And for the ultimate afternoon tea event, we can arrange hire of beautiful vintage tea china to serve it all on.

Our tea menus include English Breakfast and Mint tea bags, sugar cubes and semi-skimmed milk.



### AFTERNOON TEA MENU

#### *Finger Sandwiches:*

Six crustless finger sandwiches served on a selection of white, granary and wholemeal bread. Choose up to **four** fillings

- Roast Ham & English Mustard
- Smoked Salmon & Cream Cheese
- Mature Cheddar & Chutney
- Organic Egg & Cress mayonnaise
- Cool Cucumber & Mint
- Hummus, Carrot & Rocket

#### *Mini Scones:*

**Two** freshly homemade dainty plain scones with clotted cream & strawberry jam

#### *Mini Cakes:*

- Choose **three** from the following:
- Chocolate Brownie topped with a Raspberry
  - Victoria Sponge Cake
  - Lemon Drizzle Cake
  - Assorted French Macarons (GF)
  - Coffee & Walnut cake
  - Chocolate fudge cake
  - Citrus Polenta Cake (GF)

£16.50 per head for food only / £26.50 per head with vintage china hire  
Minimum orders and delivery charges apply





## Afternoon Tea 2022 – EXTRAS

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### AFTERNOON TEA – EXTRA ITEMS

You might want to supplement our basic tea menu with extra items such as sausage rolls and whole cakes - great to keep your guests satisfied and make your tea table look even more exciting!

#### *10" Round, two tier cakes*

Our delicious, homemade 10" cakes cut into 12 very generous, or 24 more sensible (but still generous!) slices. And, of course, they look lovely on a cake stand. Choose from:

Victoria sponge cake filled with buttercream and raspberry jam

Chocolate fudge cake with chocolate fudge icing  
Vegan chocolate fudge cake

Lemon drizzle cake filled with lemon curd cream cheese icing  
Coffee & walnut cake - walnut sponge with coffee buttercream

*£35 each*

#### *Sausage Rolls*

We are just a little bit famous for our homemade herby sausage rolls! Ours are around around 2" in size, and they come in batches of 20.

*£30 per batch*

### GLUTEN-FREE, PLANT-BASED AFTERNOON TEA MENU

To make it easy for you to cater for your guests' dietary requirements, we have put together an alternative plant-based menu which is gluten, dairy and egg free. This is a great way of ensuring that your vegan and vegetarian guests, as well as those with allergies and intolerances don't feel left out!

#### *Finger Sandwiches:*

Finger sandwiches served on a selection of gluten-free breads.

Vegan Cheddar & Chutney  
Vegan Cool Cucumber & Mint  
Vegan Hummus, Carrot & Rocket

#### *Scones:*

Freshly baked homemade vegan and gluten free dainty scones served with jam and vegan clotted cream.

#### *Vegan & Gluten-free 7" Cakes*

These **gluten free and vegan** 7" cakes cut into 8 generous, or 16 more sensible (but still generous!) slices. Choose from:

Vanilla sponge cake filled with buttercream and raspberry jam  
Chocolate cake with chocolate fudge icing  
Coffee & walnut cake - walnut sponge with coffee buttercream

#### *Other vegan & GF bakes:*

Vegan brownies (x 12)  
Vegan millionaire's shortbread (x 12)

£150 for 48 finger sandwiches, 16 scones, 1 round cake and 1 other bake.

### *Vintage Tea Party*

is a multi award-winning local business based in West London. Vintage Tea Party provides a first class vintage china hire service throughout London.

The perfect accompaniment to our afternoon tea menu.

[vintageteaparty.co](http://vintageteaparty.co) / 07940350303





## Afternoon Tea – The Nitty Gritty

### MINIMUM ORDER:

We have a minimum food order of £480

### DELIVERY:

Local delivery is free - delivery costs will be discussed at time of booking

### DRINKS:

All our tea menus include an assortment of tea bags, milk and sugar cubes. We can also organise additional drinks (fizz, wine, beer, soft drinks), or you can arrange these yourself.

### WAITING STAFF:

We can organise waiting staff to serve your food and drinks. We work with a team of really good freelancers who are experienced, efficient and personable and always ensure events run smoothly – leaving you to enjoy your guests!

### HIRE EQUIPMENT:

We can organise hire equipment (vintage china and also other hire equipment) for you should you need it or just help you work out what you need.

### DROP-OFF:

We specialise in drop-off food and our afternoon tea menus can be delivered to you in disposable packaging, ready for you to arrange on The Vintage Tea Party's beautiful china or your own crockery. We can also supply the food on our lidded, re-usable platters, but please note these must be cleaned and returned to us.

### CHEFS ONSITE

For larger events we recommend booking onsite chefs to finish and present your food.

### DIETARY REQUIREMENTS & ALLERGIES

If you or any of your guests have special dietary requirements or allergies, tell us and we will help you create a menu to incorporate them. We supply all our food with an allergen guide which lists the 14 declarable allergens. However, we work in a small kitchen and cannot guarantee any of our food is suitable for those with allergies due to a high risk of cross contamination.

### CONTACT & BOOKING

If you would like to book Forkful Food for your event, or wish to discuss your requirements further, please contact Ruth Weighill at: [ruth@forkfulfood.com](mailto:ruth@forkfulfood.com) / 07711 034928. **BOOKING:** If you wish to book Forkful Food, we require a 25% non-refundable deposit (on the food cost only) to secure the date; final numbers and the balance are payable 10 working days before your event. **DROP OFF:** Drop-off food is delivered beautifully plated and ready to serve on stackable, lidded platters. We don't charge for the hire of our high quality platters but we ask that you clean and return them to us after your party. Alternatively we can supply on disposable, biodegradable, lidded platters at a small additional cost. **DELIVERY:** We offer free local delivery (SW12, SW15, SW17, SW18 & SW19); delivery charges may apply to other postcodes.